

[PDF] What To Do When Mistakes Make You Quake: A Kid's Guide To Accepting Imperfection (What-to-Do Guides For Kids)

Claire A.B. Freeland, Jacqueline B. Toner - pdf download free book



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Description:

What to Do When Mistakes Make You Quake aims to help kids who struggle with self-confidence and a fear of making mistakes, being self-critical, and purposely aiming

low. Using cognitive-behavioral approaches, this interactive book is a complete resource for educating, motivating, and empowering children to cope with mistakes so they can explore new territory without fear.

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