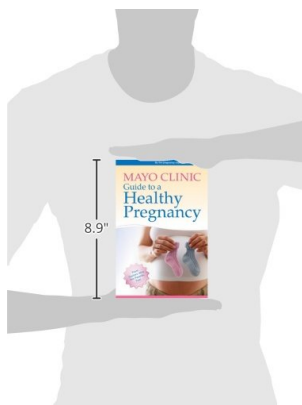


[PDF] Mayo Clinic Guide To A Healthy Pregnancy: From Doctors Who Are Parents, Too!

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Released:

Language:

Pages: 512

ISBN: 1561487171

ISBN13: 9781561487172

ASIN: 1561487171

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Description:

Women looking for authoritative, accurate information from a reputable source will appreciate this

pregnancy book from the world-class Mayo Clinic. It provides hundreds of pages of helpful information parents can use. Features include week-by-week updates on baby's growth and month-by-month changes for mom, a 40-week pregnancy calendar, a symptoms guide, and a review of important pregnancy decisions. In this illustrated book you'll also receive advice on how to get pregnant, meal planning, exercise, medication use and parenthood. Plus, you'll find answers to difficult or embarrassing questions. This pregnancy book is the work of a team of pregnancy experts who find nothing in medicine more exciting and satisfying to experience than the birth of a child. *Mayo Clinic Guide to a Healthy Pregnancy* is an essential pregnancy resource for parents-to-be.

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