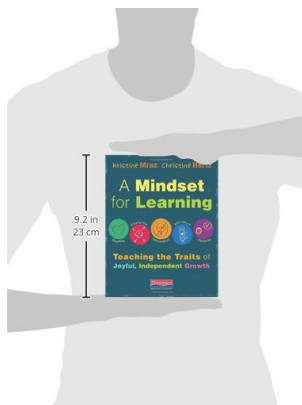


[PDF] A Mindset For Learning: Teaching The Traits Of Joyful, Independent Growth

Kristine Mraz, Christine Hertz - pdf download free book



Books Details:

Title: A Mindset for Learning: Teach
Author: Kristine Mraz, Christine Her
Released: 2015-08-25
Language:
Pages: 192
ISBN: 0325062889
ISBN13: 9780325062884
ASIN: 0325062889

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pdf, mobi, epub, azw, kindle

Description:

"This book is a gem: vivid, fun and thoughtful. It's like sitting next to a skillful, experienced, focused teacher in a real classroom. Kristi and Christine draw on their years of teaching and their dedication to educating children to help students become more empathic and act more thoughtfully and to prepare them with the essentials for success in an uncertain future."

-Arthur Costa, author of *Learning and Leading with Habits of Mind*

We know how to teach content and skills. But can we teach the habits of mind needed for academic success, a love of learning, and agency in the world? We can, and *A Mindset for Learning* shows us how.

"We want our students to take on challenges with zeal," write Kristi Mraz and Christine Hertz, "to see themselves not as static test scores but as agents of change." Drawing on the work of Carol Dweck, Daniel Pink, Art Costa, and others, Kristi and Christine show us how to lead students to a growth mindset for school-and life-by focusing on five crucial, research-driven attitudes:

- **optimism**-putting aside fear and resistance to learn something new
- **persistence**-keeping at it, even when a task is hard
- **flexibility**-trying different ways to find a solution
- **resilience**-bouncing back from setbacks and learning from failure
- **empathy**-learning by putting oneself in another person's shoes.

A Mindset for Learning pairs research-psychological, neurological, and pedagogical-with practical classroom help, including instructional language, charts and visuals, teaching tips, classroom vignettes, and more.

"This book holds our dreams for all children," write Kristi and Christine, "that they grow to be brave in the face of risk, kind in the face of challenge, joyful and curious in all things." If you want that for your students, then help them discover *A Mindset for Learning*.

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